



OKLAHOMA SENIOR GAMES



TRIATHLON

Sunday, October 17
Entry Deadline: October 3

Lake El Reno
2000 Babcock Drive
El Reno, OK 73036

EVENT

750M Swim/ 20km Bike/5km Run

In conjunction with The Triathlon Club of Oklahoma City's Chisholm Trail Sprint Triathlon and Route 66 Multisport Festival

Go to: <https://triokc.club/chisholm-trail-tri> for full event details.

Event Fee when signing up with the Oklahoma Senior Games: \$45

RACE START:

There is a racers meeting with the Race Director and Head Referee at 7:30am.

Sprint Distance- Transition will open at 6:10 am and close at 7:20am with the Sprint Race Start at 7:45am

PACKET PICK-UP:

Available on Friday from 3 pm to 7:00 pm. Check TriOKC website for location. Also, at 6:10 am on Race Day at the park pavilion with prior arrangements.

FORMAT

The events in this sport are the 750M swim, 20K cycling and the 5K road race.

ENTRY REGULATIONS

1. Athletes must provide their own bicycles, helmets, running and swim gear, and energy supplements.
2. All equipment must meet USA Triathlon standards.

EVENT DIRECTOR

Steven English

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